



Roving Auxiliary Nurse-Midwives

RANMs are here to help keep you and your family healthy.



What can RANMS do?



Provide information on when you are fertile and when you are not



Provide family planning counseling and methods (condoms, LAM, oral pills, Depo Provera, and CycleBeads)



Provide pregnancy counseling, postnatal care and newborn care



Help you connect with other services at health facilities

How RANMs work in your community

- Conduct home visits to provide family planning, pregnancy and postnatal and newborn care and invite in-laws in conversations.
- Work with community leaders and influential people to encourage male involvement and family planning, and to provide maternal and newborn services.postnatal and newborn care and invite in-laws in conversations.
- Work with your friends and other community members to expand postnatal care and acceptance for family planning

