Review of literature on social norm measurement related to modern method use: Approach & results to date

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Transforming Social Norms for Sexual & Reproductive Health

PASSAGES Mandate

Background:

- PASSAGES aims to improve FP use & achieving healthy timing & spacing of pregnancy among youth
- Aims to do so by transforming social norms & fostering supportive normative environments

What is a social norm & if we want to change these, how do we measure them?

What has been done to date?

- Embarked on a systematic literature review in order to:
 - I. Identify studies that measure social norms related to PASSAGES priority outcomes
 - 2. Identify "good" social norm measurements
- ✓ For now, have limited studies with quantitative measures of use of modern contraception

Input Sought

- ✓ Literature review very early stages
 - Already identified a number of concerns
 - How to move forward with this review/search
- ✓ Dissemination
 - How to package & disseminate findings of the literature review

APPROACH SO FAR



Approach – Search Strategy

 \checkmark First pass searched for terms related to:

- I. Social norms
- 2. Measurement
- "Social Norms and Encounter Preferences for Cross Country Skiing With Dogs in Norway"
- "Social norms and tax compliance: Framing the decision to pay tax"

Approach – Search Strategy

- PASSAGES interested in social norms that affect sexual & reproductive health outcomes among youth
- \checkmark Added 3rd tier of search terms related to:
 - Use of modern contraception;
 - Menstrual hygiene management;
 - Use of family planning;
 - Health timing and spacing of pregnancy;
 - Gender-based violence;
 - Early marriage;
 - Circumcision and female genital mutilation; and
 - HIV/STIs

Approach – Search Strategy

- ✓ <u>Reference Time Period</u>: 2005-2016
 - Literature or measurements from earlier years will be included only if it appears or has been used since 2005
- <u>Search Locations</u>: PubMed, Popline, and Psychlnfo & the publications of BMGF, DFID & USAID

Database	Popline	PubMed	PsychInfo	Total
# Articles in search results	2,242	6,210	13,493	21,945

Approach – Title Screening

✓ Discarded titles for the following reasons:

- Unrelated to PASSAGES outcomes of interest
- Limited to key populations (MSM, sex workers, IDUs, prison populations, LGBT)
- Opinion or commentary
- National DHS reports or summary findings from other large surveys
- Training manuals
- Basic science, hormonal, or animal studies

 \checkmark Retained ambiguous titles



\checkmark 20,474 titles screened to date

Database	Popline	PubMed	PsychInfo	Total
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Duplicates	357		1,114	1,471
Titles screened	1,885	6,210	12,379	20,474
Title met screening criteria	1,486 (79%)	1,467 (24%)	2,615 (21%)	5 <i>,</i> 568 (27%)

Approach – Abstract Screening

- Undertook lexical searches in the abstracts looking for terms related to modern methods
- Kept articles that included a quantitative measure of use of contraception or family planning services as an outcome
- Then from these only kept articles that also included a quantitative attitudinal or "norm" measure

Screening Results

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Title met screening criteria	1,486 (79%)	1,467 (24%)	2,615 (21%)	5,568
EndNote entry contained terms related to modern methods	819 (43%)			
Abstract contained quantitative measure of modern method use	211 (11%)			
Also contained quantitative "norm" measure	82 (4%)			

ARTICLE REVIEW



What we have found

Study Settings

Setting	Ν	%
Africa	41	51%
Asia	24	30%
US	8	10%
LAC	3	4%
Other	4	5%



✓ Our review
includes very
few LAC & US
studies

Study Populations

Very few studies focused just on youth < 19 years old

Age Cohorts	Ν	%
< 19 only	3	4%
15 up to 30 only	23	28%
15 up to 49 only	29	35%
Included > 49	19	23%
Not stated	8	10%
Gender		
Women Only	24	30%
Men Only	10	13%
Both	46	58%

Study Designs

	N	%
Cross-sectional	46	56%
Secondary analysis of DHS or other large dataset	15	22%
Randomized controlled trial	9	11%
Quasi experimental	6	7%
Other *	6	7%

* Includes cohorts, exploratory descriptive, and operations research

\checkmark Few measured change over time



✓ Majority of studies to date on condom use

	Ν	%
Condom use *	50	61%
Contraceptive use**	24	29%
Other ***	4	5%
Unmet need for FP	4	5%

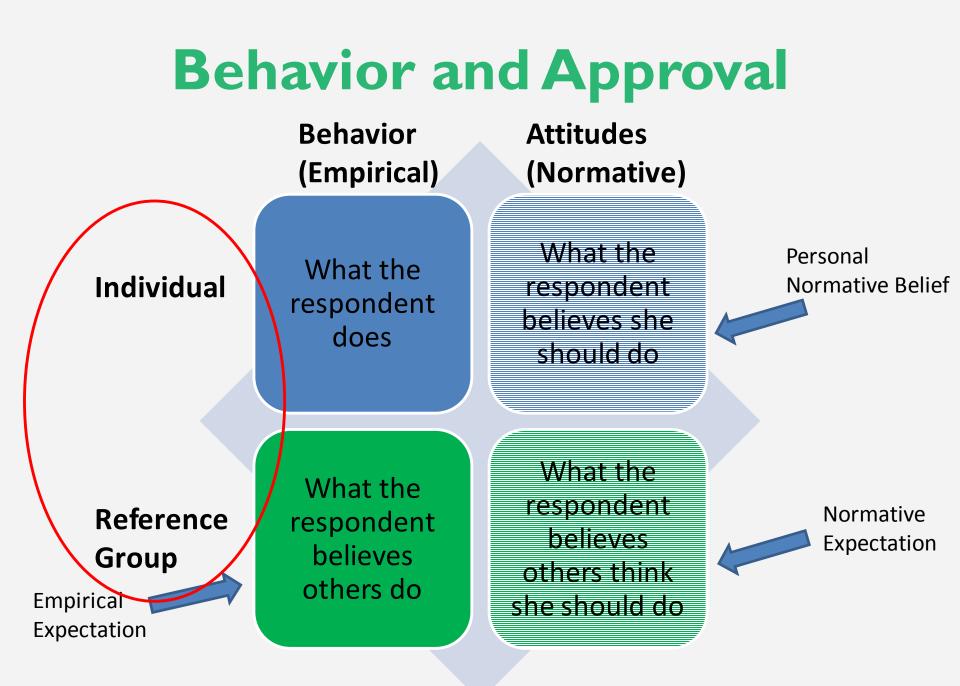


*One article looked at both condom use & use of contraceptives ** Includes pill, LARC, SDM, spermicide, EC ** includes abortion, risky sexual debut, FP service utilization & unwanted fertility

Measurement Components

- Started by reviewing the conceptual literature on what constitutes a social norm
- A social norm measurement should answer the following three questions:
 - I. Who is the <u>reference group</u>?
 - 2. What is the <u>typical behavior</u> in the group?
 - 3. What is <u>approved of</u> in the group?





	Ν	%
No reference group identified in questions/reference group unclear	40	49%
Reference group identified		
Aggregated individual respondents	2	2%
Reference group assumed in question (i.e. your peers)	38	46%
Defined network (egocentric or sociocentric approach)	2	2%

No Reference Group: Using birth control is morally wrong – Bader et al. 2014

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Aggregated Individuals: Community stigma variable created through the aggregation of personal stigma responses from respondents in the same community – Koku et al. 2011

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Assumed Reference Group: My friends think I should carry a condom when planning to have sex – Eggers et al. 2013

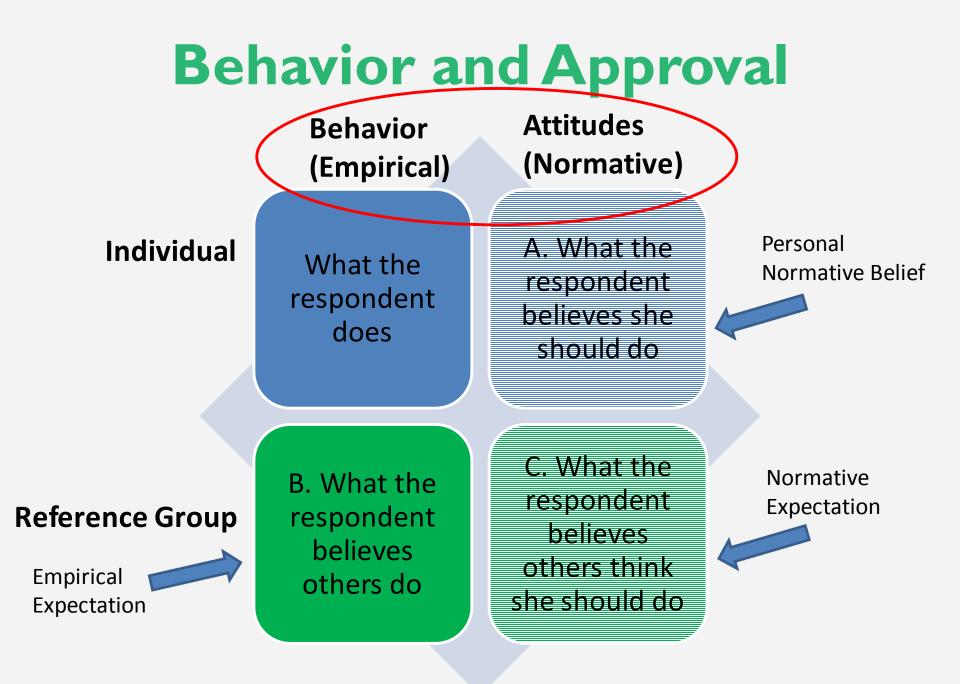
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Defined Network: How many of your 5 closest friends use condoms when they have vaginal intercourse? – O'Leary et al. 2015

Summary Points on Reference Groups

- Lots of work purporting to look at social norms without defining a reference group to whom that social norm applies
- Social norm work and social networks work not yet highly aligned
 - Very few defined networks





Attitudinal Domains

- Studies primarily investigated 3 domains of influence on contraceptive/condom use; attitudes toward:
 - Sexual and reproductive health
 - Gender roles
 - -HIV
- ✓ But there were other domains such as alcohol use, religiosity, distrust of health care system

Examples of SRH Questions

- ✓ Use of Condoms, LARCs, ECs
- ✓ Sexual and reproductive health
- ✓ Abstinence
- ✓ Planning a family
- \checkmark Pregnancy prevention

Examples of Gender Role Questions

- ✓ Gender equitable attitudes
- ✓ Male role norms
- Issues of patriarchy, masculinity & decisionmaking
- ✓ Hostile & benevolent sexism
- Perceived gender role towards sexual and reproductive behavior of men & women
- ✓ Submissiveness of women when making sexrelated decisions

Examples of HIV Questions

✓ HIV stigma
✓ ART
✓ PLHIV

Measurement Types

	Articles		Total measures	
	N	%	Ν	%
Single items	49	60%	201	70%
Indices	18	22%	32	11%
Scales*	26	32%	55	19%
Total	82		289	

 ✓ Studies often utilized multiple measurement approaches

✓ Questions were most commonly asked & analyzed as single items

*Scales showed evidence of psychometric properties

	N	%
Did not measure empirical or normative expectations	47	57%
Personal normative beliefs	35	43%
Hypothetical or other situations	17	21%
Measured empirical expectations	10	12%
Measured normative expectations	32	39%

Personal Normative Belief:A woman should not argue with her husband, even if she does not share the same view with – Akin & Ozaydin, 2005

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Did not measure empirical or normative expectations	47	57%
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Hypothetical: I would use ECP if I have unprotected intercourse during the unsafe period – Worku 2011

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Empirical Expectations: Of your friends and peers who have sex, how many of them would you say use condoms most of the time? – Kennedy et al. 2007

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Did not measure empirical or normative expectations	47	57%	
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Normative Expectations: My friends would think it is okay for me to use a condom if I have sex in the next six months. – O'Leary et al. 2015

		Normative Expectations		
cal cions		Νο	Yes	
mpiric vectati	No	47	32	
Exp	Yes	10	5	

 Only 5 articles measuring both empirical and normative expectations!

Summary Points on Attitudinal Measures

- Lots of studies measuring personal normative beliefs
- ✓ Quite a few other scenarios: what do we do with these?
 - What one would do?
 - What others would do?



Given where we are now...

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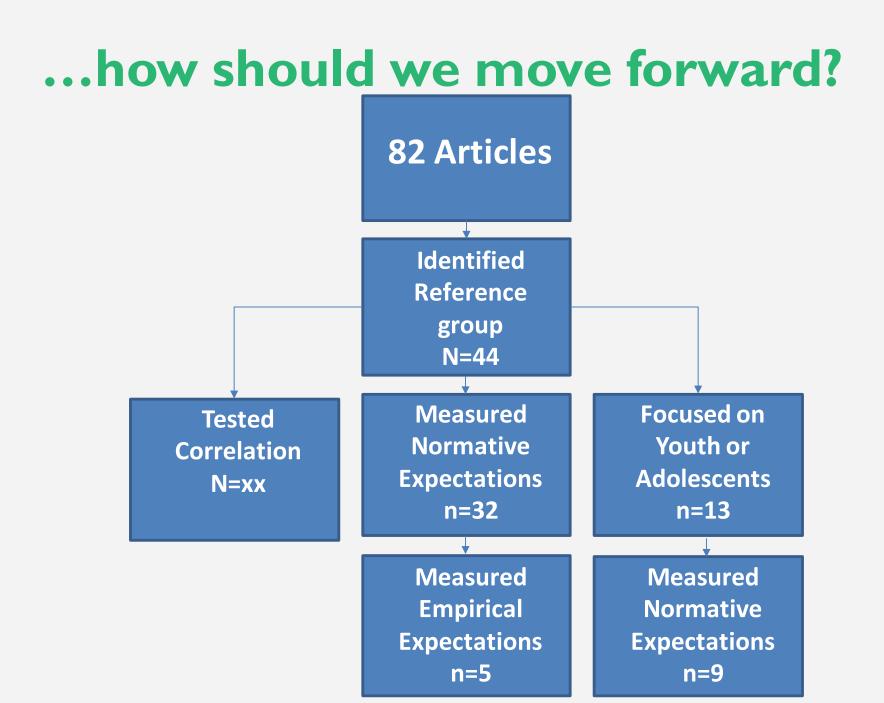
...how should we move forward?

✓ Given what we know now (the yield)...

- Should we continue this approach? Or prioritize the literature in some way?
- If we look at our other selected behavioral domains will it yield more? The same?

...how should we move forward?

- ✓ Is it valuable to the field to describe the variation that is out there?
- ✓ Or should we be throwing out a portion of the lit?
 - Those without a clear reference group?
 - Those without normative expectations? Normative and empirical?
 - Those that have not involved youth?
 - What level of evidence for the measure?
 - What level of evidence for its relation to the outcome?



...how should we move forward?

✓ Given what we know now (the yield)...

- Are there other fields in which social norm measurements are more advanced?
 - Circumcision?
 - Substance abuse?
 - What would we be able to use/adapt?
- OR …should we take a different tack…embark on measurement development as a PASSAGES outcome?

EXPERT INPUT APPRECIATED

Thank you!