

Pre/Post Test Assessment



25 Minutes

1. What age range does adolescence refer to? (*Circle one*)

- a. 7-15
- b. 15-19
- c. 10-30
- d. 10-19
- e. 15-24

2. Write down any 3 challenges adolescents face during the stage of growth and development

- 1) _____
- 2) _____
- 3) _____

3. Name three reasons why adolescents in your community do not seek sexual reproductive health services.

- 1) _____
- 2) _____
- 3) _____

4. Having specially trained providers serve adolescents seeking sexual reproductive health services is important because: (*Circle all that apply*)

- a. Communicating with adolescents can require special care with regards to language, tone, and establishing trust
- b. Adolescents are very demanding and require a trained provider to navigate rude attacks
- c. Healthy life-long habits are established in adolescence
- d. Adolescents may ask to see a training certificate
- e. Adolescents are particularly vulnerable to poor sexual and reproductive health outcomes

5. Name three essential characteristics of youth-friendly services:

- 1) _____
- 2) _____
- 3) _____

6. What are the three most important concerns that adolescents have when it comes to sexual and reproductive health and gender-based violence service delivery? (*Circle three*)

- a. Privacy
- b. Nonjudgmental care
- c. Confidentiality
- d. Respect
- e. Television or games at the health center
- f. Brochures that they can take home with them

7. Which of the following are good counseling techniques for adolescent's clients?

(Circle all that apply)

- a. Ask close-ended questions (yes/no questions) so that the client feels more comfortable
- b. Speak in understandable terms, avoid overly technical language
- c. Look directly at the patient, nod your head, and listen actively
- d. Sit behind a desk or above the patient so there is distance and she knows that she should respect you
- e. Avoid using questions that start with "why" and/or other judgmental language

8. Write three reasons why adolescents should use contraceptives

1. _____
2. _____
3. _____

9. Which is the best way for adolescents to prevent both unintended pregnancy and STIs?

- a. Emergency contraceptives
- b. Implants
- c. Correct and consistent use of condoms, or use of condoms plus another contraceptive method (Called dual method use)
- d. Oral contraceptives

10. Which of the following aspects must be taken into account when counseling adolescent clients on contraception?

(Circle all that apply)

- a. Risk of sexually transmitted infections
- b. Effectiveness of method
- c. Patient preference for a particular method
- d. Availability and access to methods
- e. Concerns that might be more relevant to adolescents such as weight gain, skin complexion, and discreteness of the method

11. Write three consequences of not providing the right information and sexual and reproductive health services to adolescents

1. _____
2. _____
3. _____

12. How have you handled cases of gender-based violence at the health facility where you work?
