

REAL FATHERS INITIATIVE

Man-to-Man Engagement to Reduce Violence in Families

Dickens Ojamuge

New Delhi, India | 10-13 November



INTERVENTION

Tests the acceptability, feasibility, and effectiveness of:



MENTORING PROGRAM

to build positive parenting practices and relationship skills among young fathers and their wives towards their wives and children



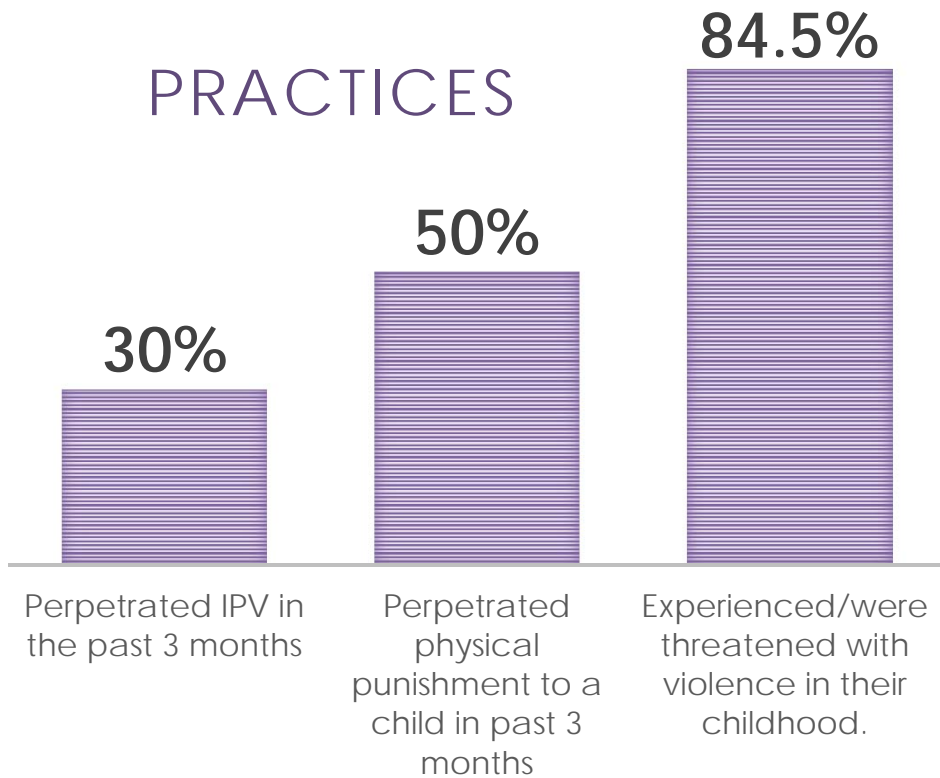
COMMUNITY MESSAGE BOARD SERIES

to reinforce the fathers' new practices, catalyze new norms around fatherhood, parenting, IPV

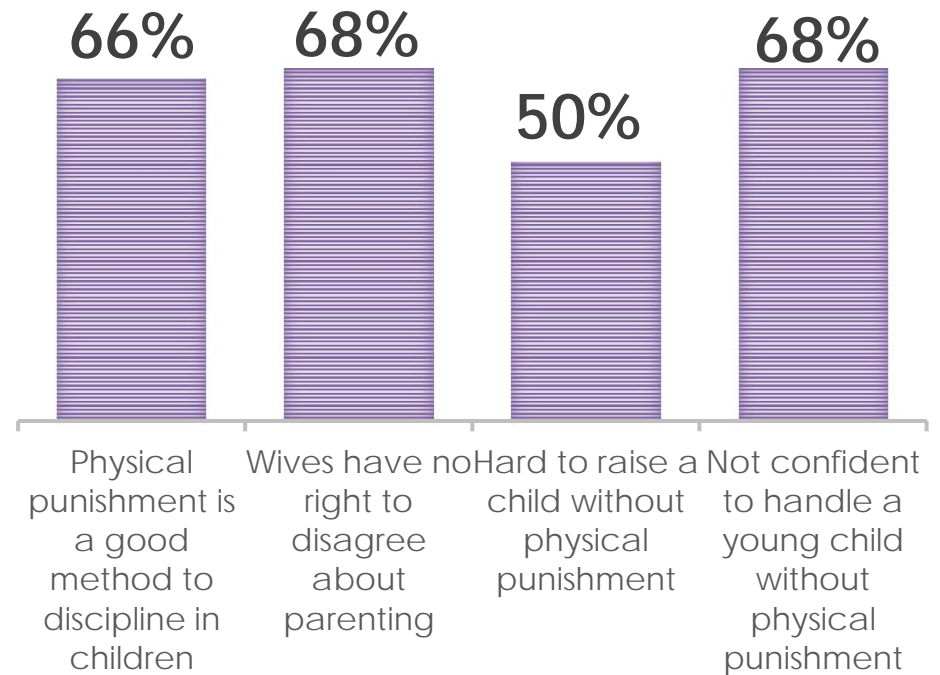
WHAT'S THE EVIDENCE?

Baseline Highlights

PRACTICES



ATTITUDES TOWARD VIOLENCE



PRELIMINARY ENDBLINE FINDINGS

Results from Cohort 1; 6 Parishes



Photo Credit: Save the Children/Dickens Ojamuge

IPV Perpetration: Fathers in the intervention arm practiced less and disapproved IPV

Parenting skills: More positive interaction with children with expression of love, affection and praise

Child discipline: Less use of physical violence particularly hitting or shouting while disciplining children

Alcohol Consumption: Frequency of alcohol consumption reduced in relation to mentor visits

Sharing parenting information: 77.5% of fathers talked to others about parenting skills

Posters: 90% had a positive response to posters

FATHERS IN THE INTERVENTION GROUP HAD MORE CONFIDENCE IN USING NON-VIOLENT DISCIPLINE METHODS, WERE MORE RESPONSIBLE, ENGAGED AND LOVING, AND A ROLE MODEL TO THEIR CHILD.

IMPLEMENTATION CHALLENGES

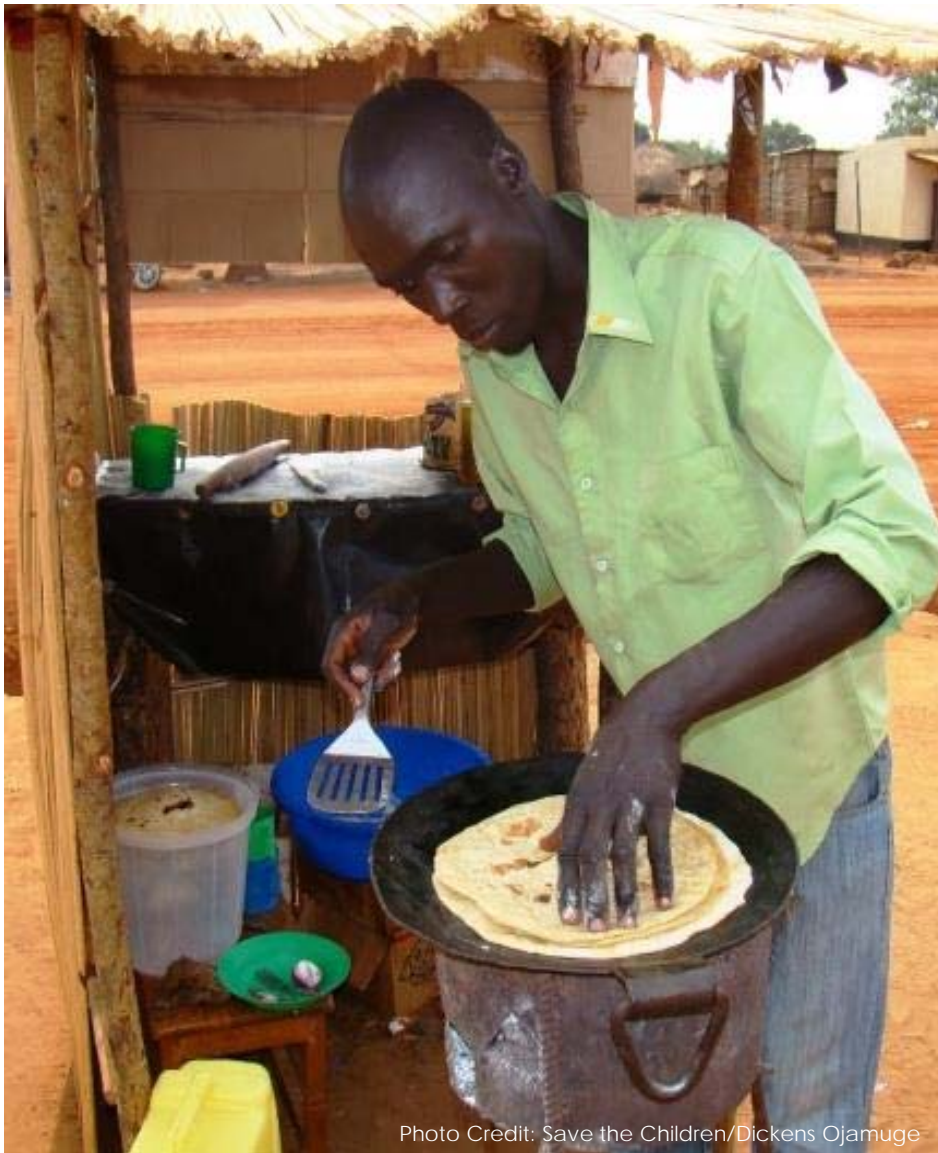


Photo Credit: Save the Children/Dickens Ojamuge

- **Skipping sessions**; non-adherence to appointment schedules by young fathers
- **Attrition** of young fathers and mentors
- Demand for **livelihood support**
- **Low education** for a few mentors
- **Rural versus urban** programming
- Effects of **alcoholism**
- In some cases, significant others **do not support** men's changes

POST 2015 AGENDA: KEY PRIORITIES FOR SCALING UP EVIDENCE-BASED PROGRAMS?

Generate Models to integrate REAL into existing parenting projects





Photo Credit: Save the Children/Dickens Ojamuge

"I am happy to see these young fathers and their wives celebrating this day together.

Before the project, I had to always run to stop fights between my son and his wife, but now I am happy that this has stopped. I can at least afford to sleep now."

Mother of one of young fathers, Pacilo Village

THANK YOU!