



Tu eres mi papá

Campana de Paternidad

Men Care América Latina



CAMPAÑA DEL
LAZO BLANCO

Argentina / Uruguay

www.lazoblanc.org

Presence emotion care

Fatherhood Campaign

Presence Emotion Care

Nature and culture are woven together resulting in sociocultural settings that allow us to affirm today:

- Being a woman is not synonymous with being a mother, only a possibility of rights.
- Being a man is not synonymous with being a parent, but a choice of will, intelligence and consensual rights.
- Being a daughter or a son is not only a biological issue, but a social, cultural and community construction.

Catalina Wainerman proposes four variables for analysis involved in parenting:

- Gender ideology
- Resource theory, which relies on the differential resources that partners can trade in the market outside the relationship of coexistence
- The prospect of the availability of time resource as it focuses "on the ways in which family members allocate their time between market and domestic work "
- Conceptualization of the "life course" that gives meaning to everyday actions

Presence emotion care

- A present father marks the life of his children as much as an absent father
- A present father creates more options for mental health and well-being for his partner and his children
- The work of a parent never ends and involves an emotional commitment for life
- An emotional father is someone who expresses the emotion of co-care, to be in this relationship of creating together and not only for providing financial support
- Emotion is action, therefore all action thrives on emotion, action has significance for the body, taking care of self and of others

- Being a parent implies providing for not only material needs, but also for emotional and spiritual needs.
- The higher the frequency of communication between father and child, father involvement in care and school , cultural and leisure child activities, the lower the rate of hyperactivity, behavioral problems, and the greater the repertoire of social skills of children.
- Emotional relationship and the feeling of pride in the relationship is , the blood relationship is just one more fact, not important.
- Care should be a shared social good not conditioned by sex or gender.

Being a Father Today Between Heaven and Hell

- Build time for care and self-care.
- Familiarity builds space for care and self-care.
- Build family, community care and self-care groups.
- Register an active practice of care, because so far we have not developed this practice.
- Trust and accept that differences are possible lines of what awaits us.