

## Standard Days Method® with CycleBeads®: Who can use this method?

View video scenes at www.tinyurl.com/toolkitvideos

**Purpose of video:** This video helps family planning providers sharpen their ability to successfully offer the Standard Days Method® with CycleBeads®. It demonstrates how to counsel on CycleBeads®, focusing on how to screen patients to make sure the method will work for them.

**Audience:** Any health care provider, health educator, or medical assistant who provides family planning services and/or counseling to patients.

**Language:** English. The video also contains a bonus clip of a health educator explaining how to use CycleBeads® in Spanish.

## Scenes:

 Screening and counseling a new CycleBeads® user: Danielle

Scene: 8 minutes
Expert commentary: 6 minutes
Total time: 14 minutes



 Screening a client who wants CycleBeads® but partner cooperation is an issue: Laura

Scene: 5 minutes
Expert commentary: 3 minutes
Total time: 8 minutes



 Screening and counseling a recent hormonal method user: Alicia

Initial visit: 5 minutes
Expert commentary on initial visit: 5 minutes
Return visit: 3 minutes
Expert commentary on return visit: 2 minutes
Total time: 15 minutes



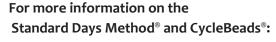
Alicia

BONUS CLIP En Español: Como Usar El Collar del Ciclo®

Time: 21/2 minutes

Total running time: 40 minutes





- www.CycleBeadsToolkit.com Resources and guidance for health care providers and family planning program managers for integrating CycleBeads® into family planning services.
  - www.CycleBeads.com How and where to purchase CycleBeads®, and resources for clients including smart phone and online applications (iCycleBeads™).
- www.irh.org Standard Days Method® and CycleBeads® research and program experience around the world.

Credits: Produced and directed by Marsha Gelt, Cardea Services. Filmed and edited by Barry Scheinberg. Written by Katherine Lavoie Cain, Marsha Gelt, and Kimberly Aumack Yee. Funded by a grant from the Office of Population Affairs to the Institute for Reproductive Health, No. 5 FPRPA00636. © 2012 IRH/GU

