



News from IRH, January 2011

New Systematic Screening Study in California

IRH was awarded a 3-year, \$600,000 grant from the Department of Health and Human Services' Office of Population Affairs titled, "Increasing Efficiency and Utilization of Family Planning Services through Systematic Integration". This project will determine whether [Systematic Screening](#), a USAID determined best practice developed by the Population Council and successfully tested in developing countries, is a feasible and effective strategy in the US. Systematic Screening aims to improve the health of individuals by efficiently addressing multiple unmet needs for reproductive and other health services. The study will assess this approach's ability to:

1. increase the use of family planning and sexually transmitted infection (STI) services among Latino women and men and other vulnerable populations by integrating family planning counseling with diabetes care and other services; and
2. increase the efficiency of clinics using systematic screening by increasing the number of services provided in a single visit.

As this is the first time this innovation is being tested in the US, the study provides a unique opportunity for South to North diffusion with the potential of significant health improvements among underserved populations in the US. This project will be implemented with the Golden Valley Health Centers (GVHC) of Central California which is piloting Systematic Screening in selected sites. For more information, visit the project site [here](#).

New iPhone app, iCycleBeds™, Available at the Apple iTunes Store

We are excited to announce the launch of iCycleBeds, a new iPhone app based on the Standard Days Method® (SDM). iCycleBeds was developed by CycleTechnologies, the licensed manufacturer of CycleBeds®. Based on SDM and CycleBeds, women can use iCycleBeds to monitor their fertility and prevent pregnancies. A user can see her cycle information on a virtual set of CycleBeds and on a calendar. She also receives

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"alerts" with timely information such as when she is in her fertile window, when she is on a day when pregnancy is unlikely, and when she is likely to get her next period.

See it in the Apple iTunes app store [here](#).

For more information about SDM [click here](#).

To read the press release about this exciting new way to use this family planning method [click here](#).



CycleBeads/SDM Integration Toolkit Forthcoming

Drawing on the experiences from the current OPA-funded CycleBeads/SDM integration project in the US, IRH and partners are working on a toolkit to aid US-based Title X clinics who wish to add CycleBeads/SDM to their family planning method offerings. The guide will include a CycleBeads integration planning worksheet as well as client materials and posters that can be used as-is or adapted to any setting. We expect to launch this toolkit in spring of 2011. In the meantime, if you have questions or issues you'd like to see addressed in the toolkit, let us know at irhinfo@georgetown.edu. For more information on this project, see our [website](#).

*We hope you have enjoyed this email pertaining to our work in the US. If you are interested in receiving monthly e-blasts on our international work as well, click the link "[Join Our Mailing List](#)" in the side bar to modify your preferences. If you wish to unsubscribe from these updates, click the [SafeUnsubscribe](#) link at the bottom of the page.

Sincerely,
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