

Using evidence to expand choice,
empower women and
involve communities



December 2010

Happy Holidays!

IRH wishes everyone a wonderful holiday season and happy new year.

New HIV Materials Available

Coinciding with World AIDS day on December 1st, IRH released several new HIV/AIDS resources aimed at decreasing stigma and discrimination in the context of voluntary counseling and testing (VCT) services. Originally developed in Spanish for a project in Central America conducted in partnership with Population Services International (PSI), these materials have been translated into English and are now available on the [IRH website](#). The materials include:

[VCT Training Manual, Strengthening Quality HIV/AIDS Counseling Training Course for HIV/AIDS Voluntary Counseling and Testing Service Providers](#)

A manual to support implementation of the 4-phase capacity building strategy developed by IRH for healthcare providers.

[VCT Checklist for Providers](#)

A checklist that serves as a guideline/reminder list for providers to conduct VCT services in a sensitive manner that decreases the likelihood of stigma and discrimination. This tool was rated one of the most practical components of the project by healthcare providers.

News & Events

New iPhone app, iCycleBeds™, Available at the Apple iTunes Store

We are excited to announce the launch of iCycleBeds, a new iPhone app based on the Standard Days Method® (SDM). iCycleBeds was developed by CycleTechnologies, the licensed manufacturer of

In This Issue

[HIV Materials](#)

[iCycleBeds](#)

Follow IRH



CycleBeads®. Based on SDM and CycleBeads, women can use iCycleBeads to monitor their fertility and prevent pregnancies. A user can see her cycle information on a virtual set of CycleBeads and on a calendar. She also receives "alerts" with timely information such as when she is in her fertile window, when she is on a day when pregnancy is unlikely, and when she is likely to get her next period.

See it in the Apple iTunes app store [here](#).

For more information about SDM [click here](#).

To read the press release about this exciting new way to use this family planning method, [click here](#).



Sincerely,
Your colleagues at IRH

Institute for Reproductive Health, Georgetown University
4301 Connecticut Ave NW Suite 310
Washington, District of Columbia 20008
Tel. 202-687-1392 Fax 202-537-7450
www.irh.org

Interested in using Constant Contact for your own organization? [Try it here](#).

[Forward email](#)

SafeUnsubscribe®

This email was sent to mp447@georgetown.edu by irhinfo@georgetown.edu.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by

